



# CHILDREN'S FAITH FORMATION (CFF) FAITH AT HOME

## Absorb and Reflect His Light



In this week's Gospel, the disciples were given an inside and up front view of the fact that Jesus was truly God and that He had come to fulfill God's promises. When we see something beautiful, we want to remember it. We might take a picture of it or try to draw it and keep it in a book. After Jesus died and rose from the dead, the disciples shared what they had seen and it was written in the Bible and passed on and on in Scripture and through Tradition so that we could also share in the beautiful experience that those disciples had. The disciples were also instructed to "Listen to Him" as we are also called to do today. We have to remember that we are called to listen and then pass on the beauty of God's love. We're called to absorb and then reflect His light and His love. How are you reflecting God's love to others in the different circumstances and situations in your life? How are you, as a family reflecting His love?

## Family Prayer

Lord our God, during this holy season of Lent, renew in each of us the grace of our Baptism. May we realize that we are your sons and daughters and that, just as Christ lived a life obedient to your will, we too are called to a life of holiness, love, and service. Through prayer, fasting, and works of mercy transform our lives and renew our hearts. Through Christ our Lord. Amen.  
(From Celebrating the Lectionary for Primary Grades, year B)



## Sacrament Prep



**Reconciliation:** Talk about the Parable of the Prodigal Son with your child. How do the actions of the son line up with the actions that we all take when we receive the Sacrament of Reconciliation? Together, go through the 7 Steps for a Good Confession that your child brought home today. Continue to practice the Act of Contrition with your child.

**First Communion:** Students learned about the Liturgy of the Eucharist today. Watch "This is What Really Happens at the Eucharist (Catholic)" on YouTube together as a family (students watched it in class) and talk about how it makes you feel to know that you are sharing in the sacrifice of the Mass together with all the angels and with Christ himself as he is Truly Present in the Eucharist.

## Important Notice!

The material for our March Whole Family Faith Formation Breakfast will be presented online. Please look for an email with this information. There will be NO IN-PERSON CFF classes on March 3rd.



- March 4: Virtual Family Faith Formation Breakfast (Material online!)
- March 10 & 17: NO CFF - Have a safe Spring Break!
- March 24: CFF 10:15 - 11:30 in FAC
- March 31: NO CFF Classes. Join us for the Easter Egg Hunt following the 9am Mass!