

Contact Information



If you are interested in learning more about the Theology of the Body Program, want to schedule a retreat, or join our team, please call the Nurturing Center

Like us on Facebook!



TOBYs — (Theology of the Body Youth Group)

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Theology of the Body for Teens

Mission Statement

As a ministry of the Nurturing Center, our mission is to answer a calling brought to us through Pope John Paul II, which teaches us the true meaning of our existence in being created for union with God. We are committed to helping our youth focus on the forgotten virtues of chastity, modesty, and purity so that they may be able to journey toward authentic love and freedom. Through this commitment, our goal is to enhance the decision-making skills of our youth, and thereby reduce teen pregnancies, abortions, sexually transmitted diseases, and broken hearts.

THEOLOGY OF THE BODY *for Teens*

DISCOVERING GOD'S PLAN FOR LOVE AND LIFE

Created by Beloved Pope John Paul II

Every day teens are thinking about their sexuality as they search for meaning in their lives.

Theology of the Body helps them find answers to questions about God, themselves, and love.

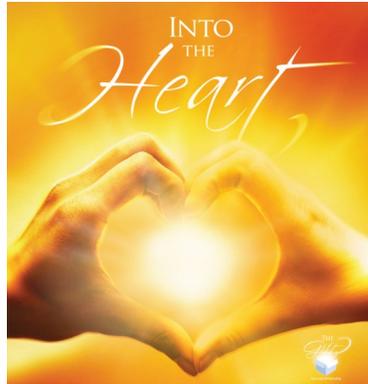
DISCOVERING GOD'S PLAN FOR LOVE AND LIFE

Why Theology of the Body?

Now, more than ever, our youth needs direction. Our culture constantly bombards them with sexual images in TV, movies, and music. Its no wonder so many don't know the difference between real love and counterfeit love. In Theology of the Body, we will dive deep into teen's hearts to help them find more about God, themselves, and love.

During retreats, teens will study the following Theology of the Body for Teens program:

1. Created for Love
2. Love Defined
3. Naked Without Shame
4. Hope and Redemption
5. Truth and Freedom
6. Language of the Body
7. Free, Total, Faithful, Fruitful
8. Marriage
9. Celibacy and Religious Life
10. Finding your Vocation
11. Dating with Purpose and Purity
12. Living the Good Life



Theology of the Body for Teens answers the following questions and many more!

- Why did God give us our sexual desires?
- What is the difference between love and lust?
- What does our sexuality teach us about God?
- Can Christ bring healing to me if I've already "messed up"?
- What is the "language of the body" and how do I "speak it"?
- How can I discover my vocation?
- How far is "too far"?
- How can teens remain pure in our oversexed culture?
- Does waiting for sex make marriage stronger?
- Is there any hope for overcoming lust and pornography?

Freedom to Love

When we see the truth about our bodies and the truth about sex, we change our lives not as a result of persuasion, guilt, fear of pregnancy or disease, or because we have to, but because God's view of love is everything that the human heart longs for. It's not enough that we long to receive this kind of love. We must learn how to give it.

