

GIRLS TO THE 6TH POWER

A free, 5 day interactive class!

The transition from elementary school to middle school can be difficult. Join us in a girls-only group about what to expect and how to succeed in middle school!



We will tackle many important topics including:

- dealing with peer pressure -
- managing emotions -
- improving communication and relationships -
- building self-confidence -



June 23rd - June 27th from 10:00 a.m. to 11:30 a.m.



Family Guidance
& Outreach Center
of Lubbock

#5 Briercroft Office Park
Lubbock, Texas 79412

This class is **only** for girls who have completed 5th grade and are moving on to 6th grade.