The Spiritual Life Commission

The commission meets at 7 p.m. on the first Thursday of each month in the MC Room to:

- Coordinate days of reflection, spiritual enrichment programs and retreats for men, women, and couples.
- Promote the spirituality of stewardship throughout the parish.
- Promote parish evangelization and outreach efforts.
- Promote the spirituality of prayer through Adoration of the Blessed Sacrament, Holy Hours, Saint Monica Ministry, Prayer Line and other programs.
- Promote vocations to religious life, the diaconate, and priesthood.
- Promote marriage and family enrichment programs
- Promote parish participation in diocesan spiritual, vocations and marriage and family life programs, retreats and movements.

To learn more about the Spiritual Commission or any of its ministries, please visit the website at www.ctkcathedral.org, or contact the chairman of the ministry as printed on the cover of the bulletin, or Renée Underwood at 806-928-0463.

CHRIST THE KING CATHEDRAL

SPIRITUAL LIFE COMMISSION

4011 54th Street
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www.ctkcathedral.org
Drop down to Spiritual Life under the Ministries/Organizations heading.

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CHRIST THE KING CATHEDRAL

Spiritual Life Commission

"I have come to set the earth on fire, and how I wish it were already blazing!" Luke 12:49

The Spiritual Life Commission of Christ the King Cathedral exists to promote various forms of spiritual enrichment to parishioners. The commission helps parishioners understand the spirituality of stewardship by discovering their gifts and talents. A special concern of the commission is support for inactive Catholics through programs of evangelization.

Spiritual enrichment at Christ the King...

Spiritual Encounters

HOLY HOUR FOR VOCATIONS
At 7 p.m. on the second Thursday of every month

PERPETUAL ADORATION
Spend time with our Lord in the Blessed Sacrament chapel. We encourage parishioners to sign up for a regular hour devoted to Christ to ensure that there are adorers 24 hours of every day.

PRAISE AND WORSHIP
Join us at 7 p.m. on the third Thursday of every month for praise to our God, including Benediction, music, testimonies, rosary, Divine Mercy chaplet, Litany of the Saints, and intercessory prayer.

SPIRITUAL DIRECTION
Trained spiritual directors are available to anyone seeking a closer relation-ship with the Lord.

Spiritual Ministries

CORRECTIONAL MINISTRY
Orientation is available to equip Catholic lay people to serve as teachers of life skills classes and Bible study facilitators at Lubbock County Detention Center. Once-a-week classes are scheduled around the volunteer's choice of day and time. Share the good news of Christ to those seeking new direction and hope for tomorrow

MARRIAGE & FAMILY LIFE
Promotes marriage and family enrichment programs, including mentor couples, couples retreats, natural family planning and prayer for couples.

MEN'S SPIRITUALITY
Fellowship, intercessory prayer, rosary, refreshments, and an engaging speaker on topics of interest to Catholics. No RSVP required. Just show up. Meets the first Saturday of the month at 9 a.m. in the Parlor.

MINISTRY TO THE SICK AND HOME-BOUND
Extraordinary ministers of Holy Communion visit parishioners in the hospital, nursing homes, and private residences.

PRAYER LINE
Prayer warriors for those in need of God's healing and comfort.

SAINT MONICA MINISTRY
A pastoral outreach to those who have children, spouses, relatives, and friends who are not active in their practice of the faith at this time. Meets the first Sunday of every month at 3 p.m. in the Parlor for prayer, fellowship, and a program.

STEWARDSHIP
Promotes the spirituality of stewardship as a way of life.

WOMEN'S SPIRITUALITY
Periodic programs for women on a faith journey to explore their spirituality and to share their gifts.

VOCATIONS
Promotes vocations to religious life, the diaconate, and priesthood through awareness programs, prayer and other activities in the parish.

Retreats

ACTS
A weekend retreat for men, women or teens, patterned after the description of the early Church in the Acts of the Apostles - breaking bread together, worshiping together, receiving instruction together, sharing in common, and reaching out in loving service. Acts 2:42-47.

CURSILLO
Cursillos in Christianity (Cursillos de Cristiandad) focuses on training lay people to become effective leaders over the course of a three-day weekend. One emphasis of the weekend is on preparing those undergoing it to take the movement's methods back into the world, on what they call the "fourth day." Offered in English and in Spanish for mean and women.

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